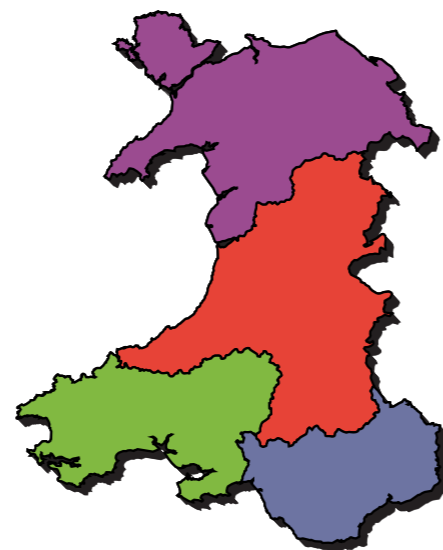


# Best of Welsh and Borders



Our Best of Welsh and Borders listing is your guide to sourcing a mouth watering array of produce from Wales and its Borders. Most producers have mail order services available or you can meet our producers, passionate about their wonderful produce, at your local food markets and food festivals throughout the year. You can also visit our website where you can read their latest news and find links straight through to them. Welcome to the cream of the Welsh crop...



- North Wales
- Mid Wales
- South West Wales
- South Wales

## BUY LOCAL - EAT LOCAL



### NORTH WALES

#### South Caernarfon Creameries, Gwynedd

Wales' oldest farmer-owned dairy co-operative. Nestling in the foothills of Snowdonia, we are dedicated, quality cheese makers and distributors of Welsh dairy products under the Dragon brand.

☎ +44 (0)1766 810251  
🌐 [www.dragonwales.co.uk](http://www.dragonwales.co.uk)

#### Cariad Bakery, Isle of Anglesey

"Love Gluten Free" award winning scrummy cakes, bakes and natural confectionery handmade with love not gluten by mother and daughter team. Loved by Coeliacs, with dairy free cakes available too.

☎ +44 (0)1248 471080  
🌐 <https://cariadbakery.cymru>

#### Purple Moose Brewery, Gwynedd

Award-winning brewery producing five beers in cask conditioned & bottled format: Snowdonia Ale, Madog's Ale, Elderflower Ale, Glaslyn Ale and Dark Side of the Moose. Available throughout Wales and from our online shop.

☎ +44 (0)1766 515571  
🌐 [www.purplemoose.co.uk](http://www.purplemoose.co.uk)

#### Hufenfa'r Castell, Harlech

Delectable dilemmas of delicious ice cream, Welsh whole milk, double cream, British sugar blended with fresh fruits and flowers from the hills & gardens of Harlech. Magical flavours from spring to autumn.

☎ +44 (0)7810 164547  
🌐 [www.hufenfa.co.uk](http://www.hufenfa.co.uk)

#### Toffoc Ltd, Anglesey

Triple distilled finest UK grain vodka, infused with our unique toffee, giving that golden taste only found in TOFFOC. Available from all Welsh ASDA stores.

☎ +44 (0)1248 852921  
🌐 [www.toffoc.com](http://www.toffoc.com)

#### Blas ar Fwyd, Llanrwst

Blas ar Fwyd is a North Wales based fine food & wine retailer, wholesaler & caterer with a Wales-wide distribution network, quality delicatessen and cafe-bar.

☎ +44 (0)1492 640215  
🌐 [www.blasarfwyd.com](http://www.blasarfwyd.com)

#### The Hut, Mold

Our custom-made shepherd's hut is located on the slopes of Moel Famau, serving artisan coffee and homemade cakes to hungry walkers and cyclists. Opening hours vary (see website for details)

☎ +44 (0)7906 402 074  
🌐 [www.thehutmoelfamau.com](http://www.thehutmoelfamau.com)

#### Conwy Brewery, Conwy

Cask and bottled ales of the highest quality with the best range in north Wales. We are proud of our Welsh roots; all beers are brewed and bottled at our brewery.

☎ +44 (0)1492 514305  
🌐 [www.conwybrewery.co.uk](http://www.conwybrewery.co.uk)

#### Condessa Welsh Liqueurs, Anglesey

Situated on the Isle of Anglesey, Condessa specialise in the production of award-winning liqueurs: Original Welsh Cream, Praline Welsh Cream, Apricot, Black Cherry & Sloe Gin.

☎ +44 (0)1407 730021  
🌐 [www.condessa.co.uk](http://www.condessa.co.uk)

#### Forte's Ice Cream, Conwy

We make each of our ice creams from our original 1926 recipe using only the finest ingredients. 35 amazing flavours of ice creams, sorbets and frozen yoghurts on offer!

☎ +44 (0)1492 876739  
🌐 [www.fortesicecream.co.uk](http://www.fortesicecream.co.uk)

#### Daffodil Foods, Gwynedd

Award winning Welsh cultured products - luscious yogurts, desserts and soured cream - made with fresh Welsh milk are sold across Wales in Asda, Morrisons, independent shops and distributors.

☎ +44 (0)1758 770005  
🌐 [www.daffodilfoods.co.uk](http://www.daffodilfoods.co.uk)

#### Siwgr a Sbeis, Llanrwst

Based in Llanrwst at the heart of Snowdonia. Producers of traditionally-made cakes, desserts and quiches, with many recognised awards for both products and business. Chilled deliveries throughout North Wales, Mid Wales and the Borders.

☎ +44 (0)1492 641940  
🌐 [www.siwgrasbeis.co.uk](http://www.siwgrasbeis.co.uk)



#### The Coconut Kitchen, Gwynedd

Developed, over 11 years, by Head Chef Preechaya from The Coconut Kitchen restaurant in Abersoch. All her best dishes are available in retail packs, fully seasoned and ready to cook in minutes.

📧 [coconut1kitchen](mailto:coconut1kitchen)  
🌐 [www.thecoconutkitchen.co.uk](http://www.thecoconutkitchen.co.uk)

#### Celtic Spirit Company, Anglesey

The oldest spirit company in Wales. Producer of high quality spirits and liqueurs from family recipes, dating back to the 1890s, including award-winning Black Mountain and Danzy Jones liqueurs.

☎ +44 (0)1407 730021  
🌐 [www.celticspirit.co.uk](http://www.celticspirit.co.uk)

#### Menai Oysters and Mussels, Anglesey

Fresh cultivated oysters and mussels located in the Menai Strait, producing sustainable very high quality shellfish in the best of environmental conditions. Available from the shop or online.

☎ +44 (0)1248 430878  
🌐 [www.menaioysters.co.uk](http://www.menaioysters.co.uk)

#### Welsh Lady Preserves, Gwynedd

Producers of award-winning handmade preserves, marmalades and condiments since 1966. Each batch is prepared from the finest ingredients and cooked in the traditional way, ensuring consistent quality and taste.

☎ +44 (0)1766 810496  
🌐 [www.welshladypreserves.com](http://www.welshladypreserves.com)

#### Llaeth y Llan, Conwy

Family run business taking local Welsh wholesome milk and creating yummy artisan yogurts in all kinds of flavours and sizes. They're available through independent shops, delis, multi-retailers and wholesalers throughout Wales.

☎ +44 (0)1745 540256  
🌐 [villagedairy.co.uk](http://villagedairy.co.uk)



### MID WALES

#### Merlin Cheeses, Ceredigion

Offering a range of handmade and unique tasting cow's milk Cheddar cheeses created by infusing different herbs, spices and fruits. We sell to wholesale, to shops, at Food Festivals and online.

☎ +44 (0)1974 282808  
🌐 <https://merlincheeses.wordpress.com/>

#### Tŷ Nant Spring Water Limited, Ceredigion

Award winning Tŷ Nant Natural Mineral Water in iconic cobalt and crimson bottles, a unique ripple-effect plastic range, and TAU Spring Water in clear bottles, enjoying a deserved reputation for world-wide excellence.

☎ +44 (0)1974 272 111  
🌐 [www.tynant.com](http://www.tynant.com)

#### Pennant Valley Game, Powys

Game Meat products locally and ethically sourced from the beautiful surroundings of Mid Wales. Tradition and innovation meet to provide quality, unique, tasty Welsh produce.

☎ +44 (0)1691 860297  
🌐 <https://wildwelshmeat.co.uk>

#### Llanllyr SOURCE, Ceredigion

Llanllyr water is one of the finest and most perfectly balanced spring waters in the world. Plus our range of ginger ale and beers, tonics, lemonade, bitter lemon and club soda.

☎ +44 (0)1570 470788  
🌐 [www.llanllyrsources.com](http://www.llanllyrsources.com)

#### Bee Welsh Honey, Powys

A professional apiarist producing honey from his own bee hives around Mid Wales. A winner at many UK and international competitions and awards, including Best in Show at the Royal Welsh.

☎ +44 (0)7794 564286  
✉ [beewelshhoney@gmail.com](mailto:beewelshhoney@gmail.com)



#### Cnwcy Manal Cakes, Ceredigion

Bespoke bakes in Wales. Specialising in custom made cakes, cupcakes & baked bouquets for all occasions to make your special day extra special .... Made with love just for you.

☎ +44 (0)1239 810213  
🌐 [CnwcymanalCupcakes](http://CnwcymanalCupcakes)

#### Beacons Farm Shop, Powys

Welsh Venison Centre, offers a range of home produced venison, beef, lamb, local bread, eggs, cheese and other deli items. There is also a coffee shop with stunning views.

Shop: Mon - Sat 7:30 - 5:00 or online.  
☎ +44 (0)1874 730929  
🌐 [www.beaconsfarmshop.co.uk](http://www.beaconsfarmshop.co.uk)

#### Derwen Farm Shop, Powys

Specialising in quality local fresh free-range meat, local & international cheeses & daily deliveries of fresh fruit and vegetables, local & seasonal. An in-store kitchen produces mouth-watering cakes, pies, pastries & quiches.

☎ +44 (0)1938 551586  
🌐 [www.derwenfarmshop.co.uk](http://www.derwenfarmshop.co.uk)

#### Radnor Preserves, Powys

An artisan manufacturer of handmade preserves creating exquisite marmalades, chutneys, jellies and preserves, using the finest natural ingredients of the highest quality, sourced locally as far as possible.

☎ +44 (0)1497 870007  
🌐 [www.radnorpreserves.com](http://www.radnorpreserves.com)

#### New Quay Honey Farm, Ceredigion

We produce coarse filtered raw honey & traditional aged honey mead, with high quality and special taste. With Live Hives Exhibition, Shop & Tea room See website for times.

☎ +44 (0)1545 560822  
🌐 [www.thehoneyfarm.co.uk](http://www.thehoneyfarm.co.uk)

#### Morgan's Brew Tea, Powys

We have a tea selection of 46 teas to tickle your taste buds. From black tea to caffeine free, from Herbal Infusions to Fruit infusions, all mixed for your enjoyment.

☎ (0)1938 552303  
🌐 [www.morgansbrewtea.co.uk](http://www.morgansbrewtea.co.uk)

#### Ty Gwyn Cider, Herefordshire

Award winning farm cider served in many of Monmouthshire and Herefordshire's leading gastro pubs and restaurants. Purchase from their cider shop/licensed cider bar or from specialist retailers. Trade enquiries welcome.

☎ +44 (0)1981 241181  
🌐 [www.tygwyncider.co.uk](http://www.tygwyncider.co.uk)



### Talgarth Mill, Powys

A restored flour mill, milling artisan flour five times a week. A variety of lovely flours and bread kits are available. Tours of the mill Tues – Sun and every Bank Holiday Monday.

☎ +44 (0)1874 711352

📍 www.talgarthmill.com

### Welsh Sausage Company, Powys

Award-winning Welsh farmhouse sausages using Welsh pork, beef & lamb. Available in a range of flavour combinations from Traditional to Mediterranean & Indian inspired. Sausages as they used to be!

☎ +44 (0)1938 553365

📍 www.langfords-foodhall.co.uk

### The People's Market, Ceredigion

Created to show case local food drink & craft producers in and around Lampeter, held at the Victoria Hall every 2nd and 4th Saturday of the month between 10am and 1pm

☎ +44 (0)7891 632614

📍 The People's Market, Lampeter

### The Big Bite, Cardigan

Delicious home-made baguettes, sandwiches and cakes all made using quality ingredients. We also stock artisan scotch eggs & sausage rolls, and made to order gourmet salad pots, all great food for on the go!

☎ +44 (0)1239 613006

📍 thebigbite29b@hotmail.co.uk

### Cardigan Bay Brownies, Cardigan

The home of the best chocolate brownies in west Wales! Succulent moist brownies in the most delicious flavours from traditional choc & salted caramel to Turkish delight & Nutella.

☎ +44 (0)7403624801

✉ nerys1971@icloud.com

### Da Mhile Distillery, Ceredigion

Independent award winning farmhouse distillery and tasting gallery in west Wales producing organic whisky, gins and orange 33 liqueur. Wales distilled. Tours available: Mon-Fri: start 3pm.

☎ +44 (0)1239 851528

📍 www.damhile.co.uk

### Conti's Café, Ceredigion

Now opened at the National Trust Tearooms in Llanerchaeron and open every day from 10:30 until 4:30. Serving freshly cooked meals using local produce, our award winning ice cream. Free parking.

☎ +44 (0)1570 422223

📍 www.contisicecream.com

### Monty's Brewery, Powys

Based near Montgomery this family owned business run by Pam Honeyman produces a range of regular and seasonal beers including the award winning Sunshine, Hilltop & the NEW Dark Secret.

☎ +44 (0)1686 668933

📍 www.montysbrewery.co.uk

### Orgasmic Cider Company,

#### Herefordshire

Award winning cider & perry traditionally produced from our own orchards in the beautiful Wye Valley available from our farm shop trade enquires welcome.

☎ +44 (0)1544 327244

📍 www.orgasmiccidercompany.co.uk

### Queens Bakery, Cardigan

Traditional bakers with wide range of breads to suit all tastes. Delicious range of cakes/ pastries always available. With local beers speciality gins artisan cheeses great for gifts or to treat yourself.

☎ +44 (0)1239 612110

### Cardigan Bay Shellfish, St Dogmaels

Family run boat fishing cardigan bay, for crab, lobster, scallops, spider crab, hand line sea bass, mackerel, coracle caught Teifi sewin and salmon and other products when available.

☎ +44 (0)1239 621043

📍 www.cardiganbayfish.co.uk

### Welsh Gluten Free Bakery Products, Ceredigion

Gluten Free Bakery products for Coeliacs, a range of breads, tarts and other options from shops in the area. Try our Great Taste Award 2017 Brown Seeded bread or try our new bloomer bread.

☎ +44 (0)1559 363766

📍 www.wgfbakeryproducts.co.uk

### Montgomeryshire Spring Water Co,

#### Powys

Spring waters of outstanding natural taste. The hills of Montgomeryshire provide an excellent variety of minerals which contribute to the fine taste of our still, sparkling and flavoured water.

☎ +44 (0)1588 622900

📍 www.montgomeryspring.co.uk

### Caffi Carn Alw Market Hall, Cardigan

Serving lite bites, quality coffee and speciality teas. Good wholesome food, homemade by us, served to a high standard and always a warm welcome. New Carvery served 12 - 2pm.

☎ +44 (0)1239 621695

📍 Caffi Carn Alw Upper Market Hall

### Mark Webb & Son, Ceredigion

Specialists in homemade sausages and burgers with all meats sourced from local farms. Suppliers of quality meat to the public, catering companies and award-winning farm shops.

☎ +44 (0)1239 851285

✉ markwebbandson@aol.com

### Ty Mawr Kitchen Garden, Powys

Offering a wide range of our own fresh produce and preserves, as well as that of other local and some certified organic suppliers. Organic gardening courses are also available.

☎ +44 (0)7949 396589

📍 www.lime.org.uk/products/the-kitchen-garden.html

### Deli Delights, Aberporth

The Deli Delights Kitchen Cookery Workshops for Adults and Children, also available at a venue to suit you. Now offering Residential cookery holidays, see website for details.

☎ +44 (0)1239 810928

📍 www.delidelightswales.co.uk

### Fingers and Forks, Powys

A family run catering business operating throughout mid Wales and the Marches. We are dedicated to using only the finest ingredients and whenever possible source from local producers, many of whom are organic.

☎ +44 (0)1597 850095

📍 www.fingersandforks.com



## SOUTH WEST WALES

### Nonna Lina, Swansea

Made in Wales - the ultimate pasta sauce made from authentic Italian recipes straight from Nonna's kitchen and using the finest ingredients. Our original sauce is free from dairy, nuts and seeds, with no added sugar.

📍 nonna\_lina\_uk

📍 www.nonna-lina.co.uk

### Jin Talog, Carmarthenshire

Is a small batch, organic, single botanical juniper London Dry gin. Distilled on their farm in Carmarthenshire, it's a juniper led, distinctive, clean, heady gin for gin lovers.

☎ +44 (0)1994 284011

📍 www.jintalog.wales

### Fishing & Foraging Wales, Pembrokeshire

Qualified forager and saltwater bass lure angling guide. With one day courses where you can catch or forage your own dinner or alternatively taste the delights at pop up restaurants.

☎ +44 (0)7515380169

📍 www.fishingandforagingwales.co.uk

### Doughtastic, Carmarthenshire

So much more than a bakery, superb breads, baking school day courses or residential and make a holiday of it, plus the occasional pop up restaurant.

☎ +44 (0)1489 232221

📍 www.doughtastic.wales

### Hugh Phillips Butchers, Gower

A family company founded in 1878 when current owner Catherine's great grandfather John Hughes sold from his farm. Now superb quality pgi meats available from Swansea Market & online.

📍 Hugh Phillips Gower Butcher

📍 http://bestonlinebutcher.co.uk

### Cothi Valley, Carmarthenshire

Delicious baked goods, croissants, pasties, tarts, made with goats' milk, cheese or meat. Pork pies, sausage rolls & Christmas pork hampers. The home of 'Goatlylicious' fresh, raw goats' milk.

✉ Richardbeard01@btconnect.com

📍 @cothivalley

### Cig Lodor Meats, Pembrokeshire

Home produced lamb, beef, pork, sausages, burgers, dry cured bacon, dry cured gammon and faggots. Find us at Farmers Markets Haverfordwest Fridays, Fishguard Saturday & Cardiff Saturday & Sunday.

☎ +44 (0)1437 532277

📍 Cig Lodor Meat

### Cusan Liqueurs, Carmarthenshire

Homemade cream low-alcohol drinks based on fine spirits with fresh cream, which offers an amazingly smooth & delicious taste! There is a range of 12 different flavours.

✉ cusancreamliqueur@icloud.com

📍 cusanliqueurs

### Gethin's Cyder, Pembrokeshire

Multi award winning Cyder made from the juice, of unique Pembrokeshire apple varieties, the whole juice and nothing but the juice, with no added water, artificial sweeteners, colours or flavourings.

☎ +44 (0)7731 616903

📍 www.gethinscyder.co.uk

### Daioni Organic, Pembrokeshire

Family run organic dairy producing a full range of fresh and long-life dairy products including award winning flavoured organic milk drinks. Daioni means 'Goodness' in Welsh, and Daioni Organic cows happily graze free range on lush and fertile pastures.

☎ +44 (0)1239 682572

📍 www.daioni.co.uk

### Crwst, Pembrokeshire

Crwst is a newly established micro-bakery based in a small home kitchen nestled in the Preseli hills. We proudly produce handmade organic breads and seasonal patisserie style bakes.

☎ +44 (0)1239 842 338

📍 www.crwst.cymru

### Rhosyn Farm Produce, Carmarthenshire

Welsh Meat supplier of the year in Wales 2017/ 2018. Old Spot pork, sausages, bacon, Herdwick lamb and mutton and Guernsey goat. Box scheme, farm gate and telephone sales. Reared and butchered on our farm!

☎ +44 (0)7976703554

✉ rhosynfarm@gmail.com

### Gwaun Valley Meats, Pembrokeshire

Award winning Traditional Butchers, quality meats, and homemade sausages, burgers & faggots. Order online via our Website also.

☎ +44 (0)1348 840838

📍 www.gwaunvalleymeats.co.uk

### Cowpots Luxury Jersey Ice Cream, Carmarthenshire

Local jersey milk / cream makes Cowpots farmhouse dairy products- available from our shop Shake Jacket Roll, Mill Street, Carmarthen, + The Cowshed Bistro on the farm and other good stockists.

☎ +44 (0)1994 240434

📍 www.cowpotsicecream.co.uk

### Puffin Produce, Pembrokeshire

Blas Y Tir, home of Welsh Produce, where we work with our team of expert growers to bring you a variety of award-winning potatoes and seasonal vegetables.

☎ +44 (0)1437 766716

📍 www.blasytir.com

### Welsh Cottage Cakes,

#### Carmarthenshire

Producing and distributing the most popular Bara Brith in Wales along with a wide range of tasty cakes in two sizes. Traditional Taste, True Value and Excellent Service throughout the Principality.

☎ +44 (0)1558 824213

📍 www.welshcottagecakes.co.uk

### Preseli Gold Sausage Company, Pembrokeshire

Multi award-winning including Welsh & National Sausage champions. Made in Pembrokeshire using only the best ingredients. Reduced salt & Gluten free a speciality.

☎ +44 (0)1348 875585

📍 www.preseligoldsausagecompany.co.uk

### Andrew J Rees & Sons Ltd, Pembrokeshire

Quality wholesale and retail butchers with a Pig Roast and BBQ service. With customer service a priority, you can guarantee the right meat for your needs.

☎ +44 (0)1834 861892

📍 www.andrewreesbutchers.co.uk

### Recipe for Health, Pembrokeshire

Naturally Nutritious cakes, desserts & savouries free from gluten, dairy & refined sugar (vg). Available at local markets and events. Raw food workshops & private consultations in Nutritional Therapy.

☎ +44 (0)7974 384395

📍 www.recipeforhealthuk.com

### Gower View Foods Ltd, Carmarthenshire

The UK's leading independent butter production centre, packing butter for some of Europe's leading brands. Home of the award winning Shirgar Welsh Butter, freshly churned and packed here in Carmarthenshire.

☎ +44 (0)1269 846958

✉ info@shirgar.com

### Pembrokeshire Sea Salt Company, Pems

New and innovative, yet embracing the age-old craft of salt manufacture. Producing high quality sea salt, flavoured salts, salted desserts & body scrubs. Available online, local markets, retailers & events.

☎ +44 (0)1348 811136

📍 www.pembrokeshireseasalt.co.uk

### Celtic Wines Ltd, Pembrokeshire

Wine merchants supplying the highest quality wines, spirits and beers. Well over 500 different wines from all four corners of the world ranging from the unusual to the sublime.

☎ +44 (0)1646 681369

📍 www.celticwines.com



Landsker Business Solutions provides business support and advice to organisations throughout Wales

Whitland 01994 240631 | Email: hello@landsker.co.uk

Please call us for an initial, confidential discussion to see how we can help.

**Little Valley Bakery, Gower**

Artisan bakers making high quality bread using organic flour and traditional methods. Distributing bread and sweet treats around Swansea & Gower. Supplying to local businesses, attending markets and food festivals.

☎ +44 (0)1792 371346  
📍 www.littlevalleybakery.com

**Myddfai Market, Carmarthenshire**

Myddfai Community Hall & Visitor Centre has a wide selection of locally made crafts and art, over 70 artisans and a lovely cafe with home-made dishes using local produce.

☎ +44 (0) 1550 720 449  
📍 www.myddfai.org

**Farmers Food At Home, Pembrokeshire**

Great Taste Award winning Chilli Jam is just one of the many Homemade Jams (such as Strawberry & Pimms), Chutneys and Pickles, all made from homegrown, hedgerow foraged or local produce.

☎ +44 (0)7960 093716  
📍 www.farmersfoodathome.co.uk  
📱 Farmers Food at Home

**Oscar's Kitchen, Swansea**

Homemade chutneys, relishes, pickles, jams, jellies and marmalades, syrups and chilli sauces. Made in Wales by a Welsh woman! Firm favourites are caramelised red onion chutney, lemon chutney and apple and ginger chutney.

☎ +44 (0)7540 377400  
📱 Oscar's Kitchen

**Ty Te, Carmarthenshire**

Delightful, traditional tea shop serving great homemade meals, cream teas, delicious cakes and light lunches. We also offer a fantastic outside catering service for any event or gathering.

☎ +44 (0)1239 712881 / 07779 590470  
📍 www.cenarthtearooms.co.uk

**Welsh Bakery, Pembrokeshire**

Our bright and friendly shops bustle every day as customers pop in for their freshly baked bread, cakes and pastries, sandwiches and of course coffee.

☎ +44 (0)1646 698907  
📍 www.welshbakery.net

**Cwm Deri Vineyard, Pembrokeshire**

Producing an extensive range of grape & traditional country fruit wines, liqueurs & mead. Vineyard, shop & stunning conservatory restaurant open all year. Mail order available. Come & taste!

☎ +44 (0)1834 891274  
📍 www.cwm-deri.co.uk

**T Glyn Davies, Pembrokeshire**

Traditional local butchers specialising in local meat, poultry and game. Also offering a good selection of marinated and rubbed meats – perfect for the grill or BBQ.

☎ +44 (0)1239 820246  
📍 t.glyn.davies@googlemail.com

**Barti Rum, Pembrokeshire**

Born in 2017, Barti Rum is a blend of the finest Caribbean rum, seasoned with the delicate notes of vanilla, clove and subtle orange and with handpicked laver seaweed from the Pembrokeshire coast.

☎ +44 (0)1646 278 101  
📍 www.bartirum.wales

**Bluestone Brewing, Pembrokeshire**

Using their own Preseli spring water this family Farm brewery produces a selection of award winning ales with bold flavours. Visit the onsite tap house & visitor facility to try for yourself.

☎ +44 (0)1239 820 833  
📍 www.bluestonebrewing.co.uk

**Caws Cenarth, Carmarthenshire**

First-class cheese made from locally sourced organic milk using traditional methods. Suitable for vegetarians. Winner of many gold awards! Visit and watch the cheese-making process or buy online.

☎ +44 (0)1239 710432  
📍 www.cawscenarth.co.uk

**Carmarthenshire Dairy Products, Carmarthenshire**

Manufacturer of a wide range of award winning cheeses available Wholesale, Retail and at shows and events.

☎ +44 (0)1267 221168  
📍 sales@carmarthenshirecheese.co.uk

**Gerwyn's Fruit & Veg, Carmarthenshire**

As well as fresh fruit & vegetables to the wholesale & retail market, their specialist container grown box & bay trees will make your property that bit special.

☎ +44 (0)1558 824000

**Welsh Brew Tea, Swansea**

Special blend of quality African and Indian teas perfectly complement Welsh waters yielding flavour/colour relished by tea drinkers. Also full range of speciality teas, coffee and drinking chocolate.

☎ +44 (0)1792 363391  
📍 www.welshbrewtea.co.uk

**Tan Y Castell, Pembrokeshire**

Award-winning Welshcakes & Bara Brith baked to traditional Pembrokeshire recipes using the finest natural ingredients. Available for retail, wholesale, ambient & frozen markets.

☎ +44 (0)1834 861997  
📍 www.welshcakes.com

**Aardvark Alternatives, Carmarthenshire**

Shop & Cafe, Supplying Local & Welsh produce. Catering for Vegan, Gluten free & other dietary requirements.

☎ +44 (0)1267 233445  
📱 AardvarkAlternatives

**Robins and Sons Chocolatiers,****Swansea**

Luxury online chocolatiers creating 'Deliciously Different' treats using natural plant and fruit oils, with no artificial colours or flavours. Gift Bars, Boxes, Hampers and Seasonal specialities. Corporate service available, B2B.

☎ +44 (0)1792 202696  
📍 www.RobinsandSons.com

**Templeton Direct, Pembrokeshire**

The bespoke online retail arm at Templeton Beer Wine & Spirit Co, supplying the home drinking connoisseur with the great beers & wines you enjoy at your favourite pub or restaurant.

☎ +44 (0)1834 860992  
📍 www.templetondirect.co.uk

**SOUTH WALES****A Bit of a Pickle, Penarth**

Welsh artisan homemade preserves. As well as your 'normal' type preserves, we do many unusual items & limited edition products and some super hot, such as Tan-Y-Ddraig Pickle.

☎ +44 (0)7967 565308  
📍 abitofapickle@hotmail.co.uk

**Apple County Cider Co,****Monmouthshire**

Award winning cider producer specialising in single variety ciders made from 100% apple juice. Available in bottles or straight from the vat. Orchard walks, cider tasting and farm shop open for visitors. Simply Scrumptious!

☎ +44 (0)1600 750835  
📍 www.applecountycider.co.uk

**Delicia Tea Emporium, RCT**

Exquisite Tea Emporium, with a wonderful array of loose leaf teas from around the world, teapots and gifts its a true treasure trove for all tea lovers, plus blending service.

📍 www.deliciacakesandteas.co.uk  
☎ +44 (0)1443 230069

**Blaenafon Cheddar Company, Torfaen**

An award winning Food Tourism Destination; Family business producing handmade cheeses.

Visit us Mon-Sat 10-4pm. Pwll Mawr our Mature Cheddar is aged in Big Pit Mining Museum. A free visitor attraction.

☎ +44 (0)1495 793123  
📍 www.chunkofcheese.co.uk

**Clams Cakes, Ebbw Vale**

Great Taste Awards winning cakes, available nationwide, hand made and decorated from traditional and contemporary recipes plus vegan. Available for catering and retail including loaf, round, muffins, tray bakes, scones and macarons.

☎ +44 (0)1495 357620  
📍 www.clamscakes.co.uk

**Gwynt Y Ddraig Cider, RCT**

Our award winning range of ciders are produced using established recipes. Each cider has a contemporary and unique flavour - we have something to suit every taste! Mail orders available via the website.

☎ +44 (0)1443 209852  
📍 www.gwyntcider.com

**This Is Beer, Bridgend**

With over 25 Welsh breweries plus others worldwide you're sure to have something to suit your taste. The online shop delivers Europe wide. Don't forget the range of spirits, cider and wine.

☎ +44 (0)1656 457025  
📍 www.thisisbeer.co.uk

**Cwm Farm Charcuterie,****Neath Port Talbot**

Artisan producers of award winning salami. Great Taste Award winning laverbread salami and 23 Gold Awards at the Royal Welsh. Find them at numerous local farmers' markets and Cardiff Riverside or shop online.

☎ +44 (0)7446 555102  
📍 www.cwmfarm.co.uk

**Miss Daisy's Kitchen, Brynmawr**

Award winning Great Taste 3\* Artisan jam and chutney producer specialising in vintage recipes. All of our produce is hand cut and homemade with the majority of ingredients local sourced.

☎ +44 (0)7799 360012  
📍 www.missdaisyskitchen.co.uk

**Daisy Graze, Vale of Glamorgan**

A small individually run business which produces Artisan Preserves and Conserves made from natures bounty. Hand cut Jams, Chutneys, Fruit Vinegars, Wild Garlic Oil and silky smooth extremely chocolaty Fudge.

☎ +44 (0)800 0025422  
📍 enquiries@daisygraze.co.uk

**Cwm Rhondda Ales, Rhondda Valley**

Producing highest quality craft ales full of flavour that are firmly rooted in the rugged, natural environment in which they are brewed. Representing the latest step in the Jones family farm.

☎ +44 (0)1443 777491  
📍 www.cwmrhonddaales.co.uk

**Vale of Glamorgan Farmers' Market, Cowbridge**

Holds markets 1st and 3rd Saturday at Cowbridge and every 4th Saturday at Penarth. 9.00am - 1.00pm. Offering shoppers a wide range of quality local produce direct from the producer.

📍 valeglamfarmersmarket@gmail.com  
📍 www.valefarmersmarket.com

**Natures Little Helpers, Cardiff**

Our hard working bees have helped us to produce honey and a range of handmade natural skin care and beeswax products. Beekeeping supplies and experience days catered for.

☎ +44 (0)7970 289677  
📍 www.natureslittlehelpers.co.uk

**Claire's Kitchen, Monmouthshire**

Homemade quality preserves traditionally produced in small batches at home in Claire's kitchen. A vast range of chutney, jam, marmalade, fruit vinegar and curds. Wales True Taste Gold Winner 2012-13.

☎ +44 (0)1291 624506  
📍 claires-kitchen@hotmail.co.uk

**Drwytho, Aberdare**

Evolving from a love of herbs and a passion for cooking. Our herb infused oils can be used in so many ways, along with our vinegars, dressings and Harissa.

☎ +44 (0)1685 877349  
📍 www.drwytho.co.uk

**Samosaco, Pontyclun**

Experts at producing a variety of nutritious & authentic Indian snacks & meals using locally sourced ingredients. Based in a purpose built accredited facility in south Wales.

☎ +44 (0)1443 800554  
📍 www.samosaco.co.uk

**White Castle Vineyard,****Monmouthshire**

Producers of award winning quality Welsh wines, offering conducted vineyard tours, wine tasting and Welsh cheese platters. Visitors are warmly invited to visit our tranquil setting in the beautiful countryside of Monmouthshire.

☎ +44 (0)1873 821443  
📍 www.whitecastlevineyard.com

**ANCILLARY TRADES & TRAINING****Cambrian Training Company, Powys**

They are one of the leading training providers in Wales and specialise in delivering Apprenticeships and Jobs Growth Wales opportunities across a range of industries to support employers & individuals.

☎ +44 (0)1938 555893  
📍 www.cambriantraining.com

**Food Centre Wales, Ceredigion**

Food Technology Centre offering advice, technical services & training to business start-ups, SME's & existing food manufacturers. With expert Food Technologists & a specialist Research and Development building.

☎ +44 (0)1559 362230  
📍 www.foodcentrewales.org.uk

**SAI Global**

Provides food manufacturers, processors and retailers with assurance services such as training and audits to 2nd party and 3rd party GFSI schemes - BRC, FSSC and IFS as well as ISO 9001/14001

☎ +44 (0)7807 835942  
📍 www.saiglobal.com/assurance

# Welsh Food Bites

COMMENTS AND THOUGHTS ABOUT WELSH FOOD

www.welshfoodbites.co.uk

